

Directions for Adobe Reader

**You'll need Adobe Reader for a writeable pdf Medical Permission Form. If you don't have Adobe, please use the following instructions:*

1. Click on the "Adobe Reader" link [here](#)
2. Unclick the "McAfee" and "Chrome Extension" options. (there are three boxes to uncheck)
3. Click on "Download Adobe Acrobat Reader DC."
4. Open your Downloads folder and click on the Adobe Acrobat installer file.
5. Go back to the email and download the attached file and save it on your computer.
6. Open the just saved file in Adobe Acrobat Reader.
7. On the menu bar to the right of the page, scroll down and click on "Fill & Sign."
8. Fill in the information.
9. To sign the form, click the "sign" button in the top menu bar, click "Add signature," type in your name, click "Apply," and then click on the form to apply the signature on the line you want.
10. When the form is complete, either re-save the form to your computer and email it or "share" it by clicking the envelope icon in the top menu bar