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Sermon Outline

“Sabbath: Tragic Distortion and True Design”  
*Luke 6:1-11*

1. The tragic distortion of the Sabbath (vv. 1-2, 6-7)
2. The true design of the Sabbath (vv. 3-5, 8-11)

Big Idea: Jesus’ design for his people to have regular and rhythmic rest (Sabbath) is tragically distorted by man-made regulations.