



LOOKOUT MOUNTAIN
PRESBYTERIAN CHURCH

February 5, 2023 | **Sanctuary Service** | 9:30 and 11:00 a.m.

WELCOME TO LMPC! *We're so glad you are with us today. Please use the welcome card from the pew rack in front of you to share important information with us; an online form is available by scanning the QR code on the back of the bulletin. As we come together to worship the living God, we ask that you **silence all communication devices and refrain from bringing beverages into worship** so that we might, in joyful reverence, give our full attention to praising and honoring our God.*

CHILDCARE: *Children of any age are welcome in our worship services. If you desire to use our nursery for your children ages 0-3, please see one of our ushers for directions. The ushers can also point you to the crayons and activity sheets relevant to today's sermon that are provided for children each week.*

** Congregation standing as you are able*

Order of Worship

Prelude

Prelude on "Brother James' Air"
Searle Wright

The LORD is my shepherd; I shall not want.
He makes me lie down in green pastures.
He leads me beside still waters. He restores my soul.
He leads me in paths of righteousness for his name's sake.

Welcome and announcements

Derek Halvorson, president of Covenant College

*** Call to worship**

based on Psalm 118

Leader: Give thanks to the LORD, for he is good; his love endures forever.
Open for us the gates of righteousness; we will enter and give thanks
to the LORD.

All: We will give thanks, for you answered us and have become our salvation.

Leader: The stone the builders rejected has become the capstone; the LORD
has done this, and it is marvelous in our eyes.

All: This is the day the LORD has made; let us rejoice and be glad in it.

*** Hymn of praise 32**

"Great Is Thy Faithfulness"

*** Prayer of adoration**

Affirmation of the law: the fourth commandment

Leader: What is the fourth commandment?

All: The fourth commandment is: Remember the Sabbath day by keeping it holy. Six days you shall labor and do all your work, but the seventh day is a Sabbath to the LORD your God. On it you shall not do any work, neither you, nor your son or daughter, nor your manservant or maidservant, nor your animals, nor the alien within your gates. For in six days the LORD made the heavens and the earth, the sea, and all that is in them, but he rested on the seventh day. Therefore the LORD blessed the Sabbath day and made it holy.

Leader: What does the fourth commandment require?

All: The fourth commandment requires us to set apart to God the times he has established in his word—specifically one whole day out of every seven as a holy Sabbath to him.

Leader: What does the fourth commandment forbid?

All: The fourth commandment forbids failing to do or carelessly doing what we are supposed to do. It also forbids treating the day as unholy by loafing, by doing anything in itself sinful, or by unnecessary thinking, talking about, or working on our worldly affairs or recreations.

Leader: What are the reasons for the fourth commandment?

All: The reasons for the fourth commandment are these: God allows us six days of the week to take care of our own affairs; he claims the seventh day as his own; he sets the example; and he blesses the Sabbath.

Westminster Shorter Catechism, questions 57, 58, 61, 62

Worship in the giving of God's tithe and our offerings

Offertory

“My Wordless Prayer”

Chancel Choir

My words lie still and lifeless as dust upon the sand.
I can no longer voice one request or one demand.
My cup of tears is empty; I can no longer cry.
My lips have fallen silent; my prayer is but a sigh.

continued

Refrain: Spirit, come and rest your ear upon my heart.
O come and hear my wordless prayer, my silent plea,
and take them far away from me.
Take them from this heart of mine, to the Father's heart divine.
Speak in tones unknown to man, that God may hear and understand.

My voice is weak from calling to you both night and day.
How long will you be silent? Why do you turn away? *Refrain*
text by Pamela Martin; music by Craig Courtney, 2006

* **Gloria Patri 735**

**Glory be to the Father, and to the Son, and to the Holy Ghost;
as it was in the beginning, is now and ever shall be,
world without end. Amen, amen.**

* **Prayer of dedication and thanksgiving**

* **Scripture reading from Deuteronomy 5:1, 6-8, 11-15**
p. 177 in pew Bible and text printed in the bulletin

Derek Halvorson (9:30)
Rachel Adams (11:00)

This is the Word of the Lord.
Thanks be to God.

Prayer of preparation for the study of God's Word

Sermon "The Sabbath: A Day of Rest and Gladness"
Frank Hitchings, senior associate pastor

Pastoral prayer

Sacrament of the Lord's Supper

Lookout Mountain Presbyterian Church welcomes all baptized Christians who have previously been admitted to the Lord's Table, by the elders of this or any Gospel-proclaiming church, to receive the Sacrament of the Lord's Supper. Come with joy as you actively trust in Christ and willingly forsake sin, having sought reconciliation in all relationships.

Invitation to the Lord's Table

Call to confession

Proverbs 28:13

He who conceals his sins does not prosper, but whoever confesses and renounces them finds mercy.

Prayer of confession

Leader: Beloved Bestower of Sabbath rest, your yoke is easy and your burden is light, and you have already given us all that we need for life and godliness.

All: Forgive us for resisting your explicit command to cease from striving, to lay down our labor, and to push the “stop” button on performance. Our stubborn efforts unmask how fully we rely on ourselves. Forgive us for believing the lie that life depends on our own work, and for so regularly opposing the refreshment you have provided for us.

Leader: O Lord, graciously assail every vestige of folly that builds our life on us rather than on you, and founds our life’s rhythm on frenzied productivity rather than friendship with you.

All: Give repentance to our exhausted hearts as you bid us, as your children, to rest in your grace.

Silent prayers of confession

Assurance of God’s pardoning grace

taken from Colossians 1

God has rescued us from the dominion of darkness and brought us into the kingdom of the Son he loves, in whom we have redemption, the forgiveness of sins. For God was pleased to have all his fullness dwell in Christ, and through him to reconcile to himself all things, whether things on earth or things in heaven, by making peace through his blood, shed on the cross.

Words of institution

Communion affirmation

Leader: Beloved in the Lord Jesus Christ, this Holy Supper we are about to celebrate is a feast of remembrance, of communion, and of hope.

All: We come in remembrance that our Lord Jesus Christ was sent by the Father into the world to take on flesh. By his righteous life, atoning death, and powerful resurrection, he has accomplished for us what we could not accomplish for ourselves.

continued

Leader: We come to have communion with our Lord Jesus Christ, who has promised to be with us always, even to the end of the world. He is the bread of heaven that nourishes our souls and the true vine in which we abide and bear fruit.

All: We come in hope, believing that these signs are a pledge and foretaste of the wedding feast of the Lamb that we will enjoy when Christ's kingdom has fully come. We proclaim the Lord's death and profess his resurrection until he comes again. Christ has died. Christ is risen. Christ will come again.

adapted from The Worship Sourcebook

Prayer of consecration

Distribution of the elements

For the bread "The Invitation (Come to Me)"

Come to me, all you who are weary, and I will give you rest,
come to me, all you who are heavy laden, and I will give you rest.
Take my yoke upon you, and learn from me,
for I am gentle and humble in heart; and you will find rest for your souls.
For my yoke is easy, and my burden is light.

Come to me, all you who are weary, and I will give you rest.
text adapted by Matthew 11:28-30; music by Ethan McGrath, 2015

For the cup "Come Away from Rush and Hurry"

Come away from rush and hurry to the stillness of God's peace;
from our vain ambition's worry, come to Christ and find release.
Come away from noise and clamor, life's demands and frenzied pace;
come to join the people gathered here to seek and find God's face.

In the pastures of God's goodness we lie down to rest our soul.
From the waters of his mercy we drink deeply, are made whole.
At the table of his presence all his saints are richly fed.
With the oil of his anointing into service we are led.

Come, then, children, with your burdens—life's confusions, fears, and pain.
Leave them at the cross of Jesus; take instead his kingdom's reign.
Bring your thirsts, for he will quench them—he alone will satisfy.
All our longings find attainment when to self we gladly die.
text by Marva J. Dawn, 1999; music by Asahel Nettleton, 1825, NETTLETON

Prayer of thanksgiving

* **Hymn of response 2**, vv. 1, 5, 6

“O Worship the King”

* **Benediction**

* **Congregational response**

“Threefold Amen”

* **Postlude**

“O Day of Rest and Gladness”
arr. J. Wayne Kerr

Musicians for this week:

Joy Gibbons – director
Gaelin Knight – piano

Joshua Knight – organ
Travis Knight – soloist

IN MEMORIAM

Robert “Bob” Marshall

September 7, 1937 – January 14, 2023

Deuteronomy 5:1, 6-8, 11-15

¹And Moses summoned all Israel and said to them, "Hear, O Israel, the statutes and the rules that I speak in your hearing today, and you shall learn them and be careful to do them."

God said: ⁶"I am the LORD your God, who brought you out of the land of Egypt, out of the house of slavery.

⁷"You shall have no other gods before me.

⁸"You shall not make for yourself a carved image, or any likeness of anything that is in heaven above, or that is on the earth beneath, or that is in the water under the earth.

¹¹"You shall not take the name of the LORD your God in vain, for the LORD will not hold him guiltless who takes his name in vain.

¹²"Observe the Sabbath day, to keep it holy, as the LORD your God commanded you. ¹³Six days you shall labor and do all your work, ¹⁴but the seventh day is a Sabbath to the LORD your God. On it you shall not do any work, you or your son or your daughter or your male servant or your female servant, or your ox or your donkey or any of your livestock, or the sojourner who is within your gates, that your male servant and your female servant may rest as well as you. ¹⁵You shall remember that you were a slave in the land of Egypt, and the LORD your God brought you out from there with a mighty hand and an outstretched arm. Therefore the LORD your God commanded you to keep the Sabbath day."

SERMON NOTES

“The Sabbath: A Day of Rest and Gladness”
Deuteronomy 5:12-15

The fourth commandment brings us into:

1. a new way of thinking about time. (vv. 12-14a)
 - Our time is not our own.

 - God has given specific directives for our joy and well-being.

2. a changed perspective on worship, work, and rest. (v. 14)
 - Worship: a celebratory invitation

 - Work: a corrupted gift

 - Rest: a communal blessing

3. a deepening understanding of our past, present, and future. (v. 15)
 - Remembering our redemption changes the rhythms of our lives.

Further Up, Further In,
Resources for
Continued Study



SERMON NOTES

“The Sabbath: A Day of Rest and Gladness”

Deuteronomy 5:12-15

WEEKLY ANNOUNCEMENTS

WE ARE PLEASED TO WELCOME Brennan Griffin, who will be joining us as LMPC's new Director of Children's Ministry. Brennan earned her bachelor's degree in elementary education from Furman University, her master's degree in early childhood education from the University of Georgia, and her specialist degree in educational leadership and administration from Lincoln Memorial University. She has spent the last 20 years teaching in Walker County at Fairyland Elementary School. Brennan will join the LMPC staff full-time in June.

THE WEDNESDAY EVENING ADULT ELECTIVE from 4:30-5:30 p.m. will be postponed until further notice.

THE MARRIAGE COURSE will be held on Tuesday evenings from February 14 until March 28, 6:30-8:30 p.m. The cost is \$50 and dessert will be provided. You and your spouse will be seated at a table to discuss the video course only with each other. Even a great marriage can be better! Register on Realm Connect by Sunday, February 12.

VIPS, JOIN US FOR A VALENTINE'S DAY LUNCH on February 14 at 11:30 a.m. at STIR, located at the Chattanooga Choo Choo. Cost is \$20; register by February 10 on Realm Connect or by contacting the church office. The VIP group is made up of mostly retired adults from LMPC and the community who meet monthly for fun and fellowship.

A DOMESTIC ABUSE SEMINAR WILL BE HELD IN THREE SESSIONS, from February 24 to 26, presented by Darby Strickland. For more information about each session, visit lmpc.org/domestic-abuse-seminar.

THE ANNUAL COMMUNICANTS CLASS will be held for youth in grades 6-12 interested in joining LMPC. The class will be March 3-5 and meet on Friday evening, Saturday morning, and Sunday during the Sunday School hour. Email Margaret Compton at margaret@lmpc.org for more information and to sign up; please include the student's name, grade, and age. The deadline to register is February 24.

To find out more about happenings at LMPC, visit lmpc.org/news.

TODAY AT LMPC

Sunday, February 5

9:30 a.m.	Worship service with communion.....	<i>sanctuary & fellowship hall</i>
9:30 a.m.	Sunday school for adults.....	<i>Conference Room</i>
10:30 a.m.	Elders available to pray for your needs	<i>Brian Salter's office</i>
11:00 a.m.	Worship service with communion.....	<i>sanctuary & fellowship hall</i>
11:00 a.m.	Sunday school for adults, youth, & children.....	<i>various locations</i>
4:00 p.m.	Middle school small groups	<i>various locations</i>
6:00 p.m.	Evening prayer	<i>chapel</i>

Additional seating for the sanctuary services is available in the chapel.

For more events this week, visit lmpc.org/calendar.

SET UP YOUR SERVING PROFILE ON REALM CONNECT

Click on "Serving" on the left-hand menu if you are on a web browser, or click "More" in your mobile app. From there, click on "Select Skills and Interests" to make your selections. Please note that filling in your skills and interests does not commit you to anything.

Stay tuned for upcoming opportunities!

If you don't have a Realm Connect account, please contact onrealm@lmpc.org to request one.

WE ARE GLAD YOU ARE HERE TODAY!

We know it can be hard to connect with a new church. We want to help in any way we can. Please scan the QR code below and fill out an online information form. We will follow up with you about next steps. We are here to serve you!



OUR MISSION

*Glorifying God by growing in grace and giving our lives away
on the mountain, in the city, and around the world.*

CONTACT US

Address: 316 North Bragg Avenue
Lookout Mountain, TN 37350
Web: lmpc.org
Email: info@lmpc.org
Phone: 423.821.4528

Worship services with Communion are held on the first Sunday of every month in all morning services and in lieu of evening prayer on the third Sunday of every month. Devices to amplify sound are available. If you would like one, please arrive a few minutes early and ask an usher to assist you.